

# We are always looking for Lifeguards and Swim Instructors!\*



***\*scroll down for Swim Instructor position requirements!***

## General Employment Process for Lifeguard position

- We are always looking for part-time Lifeguards, priority given to someone looking for daytime (8 am to 4 pm Monday through Friday) hours.
- We offer year-'round Lifeguard training via the StarGuard Elite (SGE) program, which must be applied for/completed before any scheduling of hours.

***(note: if currently certified with SGE, American Red Cross or YMCA, we offer a shorter SGE program to complete before any hours are assigned)***

- River Road Park and Recreation District considers all Lifeguard applicants without regard to race, color, religion, sex, gender, national origin, age, marital status, the presence of a non-job related medical condition or handicap, or any other legally protected status.

Stop by 1400 Lake Drive, Eugene, and pick up your application, or download/print off a copy from here:

*Ctrl-Click here for application Form, or ask for a paper copy at Pool Office:*

[https://www.rrpark.org/\\_files/ugd/d068b6\\_57513c4a185d4d95893341460fd72c64.pdf](https://www.rrpark.org/_files/ugd/d068b6_57513c4a185d4d95893341460fd72c64.pdf)

- Once the application is filled out, please drop off either-
  - at 1400 Lake Drive, Eugene, attention Margaret, or
  - send a copy via email, or via regular mail at contact info in **blue** above!

## Minimum Requirements for consideration for Lifeguard position

- Be sixteen (16) years of age
- Complete application & schedule interview
- Successful enrollment and completion of SGE Lifeguard on-line course\*\* at cost of \$75  
*(\*\*note: those with current Lifeguard certification can get a challenge format in lieu of the 20 hour on-line course)*
- Attend all REQUIRED add-on pool sessions after completion of on-line course

## **Skills Needed for consideration for Lifeguard position**

Have ability to swim 100 yards (50 yards head up continuous, 50 yards head down aka not on back, continuous)

Ability to perform a feet first surface dive to a depth of twelve feet (12')

Ability to tread water for 1 minute comfortably

## **Be willing to learn about**

-Establishing safe swimming conditions in the pool, deck, and surrounding areas.

-Ability to work with other lifeguards and staff to create safe swimming conditions in the pool, deck and surrounding areas, as well as recognize hazardous conditions for the pool, deck and surrounding areas

-Learn and pass competency testing in First Aid/CPR & AED, for individual and team response to emergency situations immediately and in accordance with general guidelines establish for the pool, deck and surrounding areas

-Have flexible availability for scheduled hours

## **Benefits**

- Salary Range: minimum of \$14.20 per hour, with consideration for higher wage per hour depending on experience-level
- Complimentary access to pool/fitness center facility for individual use

## General Employment Process for Swim Instructor position

- We are always looking for part-time Swim Instructors, as demand for Swim Lessons is greater than availability of Instructors !
- We offer in-house training, or refresher training for those with WSI/have teaching experience but its been a while since teaching..

**(note: if currently certified with American Red Cross Water Safety Instructor (WSI) or similar, we offer a shorter program to complete before any hours are assigned)**

- River Road Park and Recreation District considers all Swim Instructor applicants without regard to race, color, religion, sex, gender, national origin, age, marital status, the presence of a non-job related medical condition or handicap, or any other legally protected status.

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## Minimum Requirements for consideration for Swim Instructor position

- Be seventeen (17) years of age for Water Safety Instructor class
- Complete application & schedule interview
- Successful enrollment and completion of In-House training \*\* at cost of \$75  
(\*note: those with current WSI or equivalent will get a shortened in-house training )
- Attend any ASSIGNED add-on pool sessions after training completed or updated

## Skills Needed for consideration for Swim Instructor position

Ability to hold breath/swim underwater 3 feet (3')

Ability to tread water for 1 minute comfortably

Ability to swim front crawl 50 yards, back crawl 50 yards, able to swim/demo sidestroke, breaststroke, and elementary backstroke

Able to swim/demo 10 yards butterfly

Able to do a standing (head-first) dive from pool-side deck

## **Be willing to learn about**

- Teaching about established swim strokes and water safety skills
- Ability to work with other swim instructors and staff to promote learning of established swim strokes and water safety skills
- Willing to learn different swim strokes, and mastering strokes so as to learn how to “teach back” to varying ages of students
- Have flexible availability for scheduled hours

## **Benefits**

- Salary Range: minimum of \$14.20 per hour, with consideration for higher wage per hour depending on experience-level
- Complimentary access to pool/fitness center facility for individual use