

# River Road Park District

May 2023

## The BUZZ

Welcome to "*The Buzz*" ~ River Road Park's monthly newsletter designed to keep you up to date with park news and more in touch with your community.



### Gymnastics

Gymnastics Northwest Coaches Julie Eagen, Jasmine Lessing, and Ian Skurdal celebrate with their gymnast Tae Kalb at the 2023 Regional Competition in Tacoma. Tae was a member of the Level 8 Oregon Team that won the championship for the first time in years. Tae won the pink hat for scoring a perfect 10 on vault! Go Gymnastics Northwest!

### Blast from the past...



### Extended Travel

Want to learn more about America's Music Cities trip? The presentation is May 2nd, Tuesday at 1pm.



Follow us on Facebook  
or Instagram ~  
River Road Park &  
Recreation District



# Staff Spotlight

Hi, my name is Micah Cornelius. I'm the new Aquatics Supervisor. I grew up in Veneta, Oregon and love the Pacific Northwest. In my free time, you can find me going to the coast, camping, fishing, and swimming. I really enjoy anything outdoors so I'm excited that the warm weather is upon us. Fun fact/s, my favorite color is purple and I'm the youngest of three boys. I'm pretty sure that I'm the favorite! :) I'm happy to be a part of the River Road team and look forward to meeting you!



**HUMMING BEE NURSERY**  **River Road**  
 Parkland Recreation District  
 1800 Lake Street, Eugene, OR 97401

**ORGANIC PLANT SALE & FUNDRAISER**  
 May 12, Friday from 9a-3p

Organic plant start sale is back! Swing by Emerald Park (shelter 1) and get your starts. Let's start preparing for a great gardening season.

Choose from a wide variety of organic plant starts for your garden, including heirloom and open-pollinated veggies, herbs, and flowers. Select perennials, medicinal herbs, and pollinator-friendly plants also available. See [www.hummingbeenuresery.com](http://www.hummingbeenuresery.com) for more information.

Ten percent of proceeds go toward Park District programs.

**INCREDIBLE PRICES!**  
 3 inch pots \$3 6 packs \$5 gallon-varies  
 Cash, check or card (10% goes to the park)

**LOTS OF OPTIONS:**

- heirloom, cherry, slicer, & paste tomatoes
- sweet and hot peppers
- eggplant
- cucumbers
- zucchini and summer squash
- winter squash
- lettuce
- onions
- basil
- sunflowers
- annual flowers
- medicinal herbs
- native plants
- and more!



## Swim Team Grab -n- Go Spaghetti Feed

River Road Swim Team Spaghetti Feed is back! This year we will do a Grab-N-Go style dinner. Mark your calendars and get signed up early so you don't miss out on a great and easy dinner for the family that helps support a wonderful activity. Your choice of vegetarian or meatballs. Please let us know your preference when you register. Proceeds go to the Swim Team.

5/19 F Pick up 4:30-5:30p \$12

*Never give up. There is no such thing as an ending. Just a new beginning.*

## Community News

Estella Rogan has been in Eugene since 1985. She has been attending River Road Park for about 4 or 5 years now and does deep water aerobics. "I have back, neck, and knee issues. This has helped me tremendously, physically, and mentally. I'm so glad I have this!!" The ladies in her class, her instructor, and the facility are great! Estella loves animals. In her spare time, she cares for a feral cat colony of about 40-50 cats near her home by feeding, creating shelters, and trapping them to get them fixed. She also attends North Side Freewill Baptist Church and loves the beach and mountains.



## Traditional Indian Cooking Class

5/13, Saturday  
11a-2p \$60  
Meet in the kitchen 1400 Lake Dr.

"Let food be thy medicine and  
medicine be thy food." -  
Hippocrates

VEG-VEDA HERBALS



Instructor: Neelam Kanwar  
Free ayurvedic quiz & meditation  
To register call 541-688-4052  
To speak to Neelam call 541-579-4946



## 55+ MAY DAY TRIPS

**Broadway Rose ~ Dinner & Theater**  
5/5 F 2:45-11:30p \$99

**Heceta Lighthouse Brunch**  
5/10 W 9:30a-4:30p \$109

**LCC Renaissance Room**  
5/17 W 11:30a-2p \$30

**Socializing with Salem**  
5/25 Th 9:30a-4:30p \$40

Some trips are full but put yourself on a waitlist and we will call you if space opens up.

Local event for you to go to...

**Eugene Scottish Festival May 27, 2023**



The teen baking class last month was a huge hit!



## YOUTH



**Kids Fishing Derby & Community Breakfast**  
Ages 2-7  
Ages 2-115  
May 6, Saturday 8-11a  
donations Accepted

Come join us at our wading pool for the 36th Annual Children's Fishing Derby. Open to children ages 2 through 7 (accompanied by an adult). Bring your own bait and tackle and try your luck. The wading pool will be fully stocked with rainbow trout. Take a break and come on in and enjoy our community breakfast! We'll be serving eggs, ham, pancakes, fruit and juice! Thank you to the Oregon Fish & Wildlife for giving us the fish!



Summer camps are filling up!  
Register now!!!

- SUMMER DAZE CAMPS
- SUMMER ADVENTURE CAMPS
- SPECIALTY CAMPS
- SPORT CAMPS
- TEEN CAMPS

# Thank you to our partners for supporting River Road Park District

Want to sponsor an event or place an ad? Get in touch with us! 541-688-4052

**EUGENE SCOTTISH FESTIVAL**      **MAY 27, 2023**  
 (9:30a.m. – 6:00p.m.)  
 Irving Grange    1011 Irvington Drive

Come join us for a day of Celtic Music, Sheep Dog and Athletic Game Demos, Bagpipes, Children's Activities, Dog Parade, Clans, Gaelic Workshops and more. For details, visit our website at [www.eugenescottishfestival.com](http://www.eugenescottishfestival.com)



**Overhead Door**  
 Company of  
 Eugene - Springfield

3 branches    541-343-6238 | 800-477-3328

**Pacific Cascade**  
 FEDERAL CREDIT UNION

[www.WeSaveYou.com](http://www.WeSaveYou.com)  
 all things financial



**River Road Community Organization**  
**Organización Comunitaria de River Road**  
 Is your way to: *Es su manera de:*

- connect with your neighbors
- conectar con sus vecinos
- have a voice in local policy and planning
- tener voz en la política local y planificación
- get involved to improve your neighborhood
- involucrarse para mejorar su vecindario
- access resources • acceder recurso

**Community meetings Second Monday every month at 7 PM (currently on zoom)**  
**Reuniones comunitarias El segundo lunes de cada mes a las 7 p. m. (en zoom)**

Subscribe to the monthly e-news to get meeting information, calendar, and reports on neighborhood happenings: [bit.ly/RRCONews](http://bit.ly/RRCONews)  
 Suscríbese a las noticias electrónicas mensuales para obtener información sobre reuniones, eventos e informes sobre nuestro vecindario.

[www.riverroadco.org](http://www.riverroadco.org)    [cochair@riverroadco.org](mailto:cochair@riverroadco.org)

## A New Salon & Style



Full Service Salon  
 1021 Maxwell Road  
 541-688-7155

Spring  
 is coming!

Call for an  
 appointment /  
 walk ins are welcome.

Is it time for a new style?  
 We would love to accommodate you.

Veterans receive a \$3 discount.

[www.anewsalonandstyle21.com](http://www.anewsalonandstyle21.com)

The salon is open 5 days a week 10a-5:30p. (Tu-Sa)